

#BeTheBridge Weekly Challenges

October 20 - Week 1 *Challenge - We can be BeTheBridge with our time, our talents, and our money. Choose something from this list to do this week.*

- Paint a rock or several rocks. Have someone help you use a SHARPIE to write words like LOVE, JESUS, BE KIND, SMILE, BE A FRIEND on the rock. Leave it at a place where someone will find it. When you leave the rock, say a prayer for the person who will find it.
- When you are at the grocery store, return some grocery carts to where they belong.
- Donate books you don't read anymore to a school or to our generosity box.
- Pick up trash when you see it.
- Donate old blankets and towels to an animal shelter.
- Hold a door open for someone.
- Take food to a food bank.

October 27 - Week 2 *Challenge - Choose an activity to BeTheBridge to one of your neighbors.*

- Take their garbage can back to the house after it has been emptied.
- You and your family could rake leaves for a neighbor.
- Make them a card.
- Make cookies or a dessert for them.
- Invite them to church.
- Pray for a neighbor.
- Take their dog for a walk.
- Invite them over to play games.
- Visit a neighbor who might be lonely.

November 3 - Week 3 *Challenge - Choose an activity to BeTheBridge to a family member.*

- Play with a younger brother or sister so your mom or dad can get some work done or just rest.
- Pick up your toys without being asked or at least the first time you are asked.
- Help load/unload the dishwasher.
- Pick up your brother's or sister's toys.
- Do one of your brother's or sister's jobs.
- Set the table for Mom or Dad.
- Help fold laundry and put it away.
- Pray for your family.

November 10 - Week 4 *Challenge - BeTheBridge to friends.*

- Pass down clothes to a friend who might be a size smaller than you.
- If you are in school, study your spelling words or sight words together.
- Make a card to tell them they are a special friend.
- Invite them over to play.
- Help them if they are feeling sad.
- Share a toy with them that is very special to you.
- Let them choose what activity to do or game to play.
- Pray for your friend.

November 17 - Week 5 *Challenge - BeTheBridge with your time, talent, or money to a community helper. Consider doing one of these activities for your garbage man, mail man, police, fire, city workers, a teacher, newspaper delivery person, library worker, doctors, nurses, and emergency room workers.*

- Pick up garbage at a park so the city workers don't have to do it.
- Make a card to say thank you for the hard work they do.
- Deliver cookies.
- Leave a bottle of cold water.
- Make a poster for the wall of their workplace.
- Take donuts to them.
- Straighten the books in your classroom library.
- Pray for them.